

## ABSTRACT

A method of regulating electronic communications at least includes, via a sender, purchasing a satisfaction bond to be coupled with a communication, the bond being adapted to be forfeited if a recipient of the communication, the bond being adapted to be forfeited if a recipient of the communication, to which the bond is coupled rejects the communication, and sending  
5 a message intended for a recipient accompanied by the bond. The bond is established by at least, via the sender, pledging or transferring a *res* in exchange for the bond, and generating a block of secure data, the secure data comprising a secure certificate containing at least sender identity indicia, a  
10 digital signature, a hashing code, and a hash of the message for which the bond is to accompany. The method further at least includes, prior to receipt of the message by the intended recipient, verifying the legitimacy of the bond via a third party, subjecting the message to a filter when the bond is not determined to be legitimate or the message is not accompanied by a bond,  
15 the filter being adapted to accept or reject messages based upon predetermined criteria, and not subjecting the message to a filter when the bond is determined to be legitimate.